# 8<sup>th</sup> Annual Rockdale Youth Wrestling Camp



May 30 - June 1, 2016

Rockdale County
High School
1174 Bulldog Circle NE
Conyers GA 30012

Ages: 2<sup>nd</sup> grade - rising 9<sup>th</sup> grade



#### Where:

**RCHS Wrestling Room** 

#### When:

May 30 – June 1, 2017

### Time:

9:00am - 12:00

# **Registration:**

May 31 from 8:30-9am or mail in

# Why:

Your Children will love it!
The participants will learn basic wrestling techniques and positive trait development through our Athletic Peer Mentoring Program. Participants will only wrestle with individuals their own weight. Everyone will receive a T-Shirt from the camp! Parents are welcome to stay and enjoy all sessions of the camp. You will love it as much as the participants.



Cost per Participant: **\$40** 

Cost Per Family: **\$20** for each additional sibling.

# **Equipment:**

Participants will need shorts and a shirt.

# Optional Equipment:

Headgear Kneepads Wrestling Shoes

#### **Instruction:**

All sessions will be instructed by RCHS Coaching Staff and Wrestlers.

Please mail registration and payment before May 27th.

REGISTRATION FC	<u>)RM</u>		
Wrestler's Name:			
Street Address:			
Citv:	State:	Zip:	
Phone:	Grade:	Age:	
<b>Emergency Contact</b>			
Name:	e:Phone		
Name:	Phone		
<b>Insurance Compan</b>	y Name:		
<b>Insurance Compan</b>	y Policy #:		
	has nermissi	on to particip	ate in the Rockdale Youth
Wrestling Camp. I, injury and will not case that I may not director permission	hold any of the s t be reached in an to make any neo ny child. I will ac	_, realize then ponsoring par n emergency seessary decision cept all charge	re is always the possibility of ties liable in case of such. In situation, I grant the camp ons relating the physical safety es that are incurred.

Philosophy: To develop fundamental skills and learn how to apply them in competitive situations. To provide a productive learning experience for each camper. Develop self-discipline and good sportsmanship. The camp is a safe controlled environment designed for young wrestlers to develop their gross motor skills through activities, games, and wrestling. Most important, to have FUN and make new friends!

"Rockdale County Public Schools does not sponsor/endorse the activity and/or information contained in this flyer. RCPS assumes no responsibility for conduct or safety during the activity/event. In consideration for the privilege to distribute these materials, the RCPS shall be held harmless from any cause of action, claim or petition filed in any court or administrative tribunal, arising out of distribution of these materials, including all costs, attorney's fees, judgments or awards. Rockdale County Public Schools encourages parents to assist their children in making choices appropriate for them."

PLEASE BRING THIS FORM ALONG WITH PAYMENT BY May 30, 2017. MAKE CHECKS PAYABLE TO: ROCKDALE TAKEDOWN CLUB

Please circle your T-Shirt Size

YOUTH

S M L

<u>ADULT</u>

S M L XL XXL

All wrestlers ages 2<sup>nd</sup> grade to rising 9<sup>th</sup> graders are welcome! All participants will be instructed by Rockdale County High School Coaching Staff and Wrestlers.

# **Coach David Baros**

678-345-4701

dbaros@rockdale.k12.ga.us

#### PLEASE REGISTER EARLY.

Walk up registrations are welcome on May 31, but space is limited. Please register early to insure space, as well as, T-Shirt size!